

**DLF QEC INNOVATIVE SCHOOL
RIDGE VALLEY
DLF PHASE – IV, GURUGRAM, HARYANA**

RVS/CIR/004(B)/2024-25

12th APRIL 2024

LETTER TO THE PARENTS - PARENTING SESSION
SENIOR PARENTS

Dear Parents,

We hope this letter finds you and your family in good health and high spirits. We are excited to extend an invitation to you to attend our upcoming session on **‘Parenting in the Age of Anxiety’**, conducted by an innovative educationist, Ms. Abha Adams, designed to empower and support you in navigating the joys and challenges of parenthood. The session will be moderated by our honorable Chairperson, Dr. Ameeta Mulla Wattal.

A little bit about Ms. Abha Adams:

An innovative educationist, and a distinguished member of Ridge Valley School Managing Committee, Ms. Abha Adams has spent over thirty-eight years in education, media (BBC), and arts management (Arts Council of England) both in India and the UK. As a former Director of the Shri Ram Schools and Adviser Education to Step By Step School Noida, she has been instrumental in founding and developing two major educational institutions in the country. Presently, she is the Governing Body of the Assam Valley School and plays a pivotal role in other schools.

Schedule:

The session is scheduled for **Saturday, 20th April 2024** at **10:30 am** at Ridge Valley School. Please find below the link to fill in the Google Form to confirm your attendance and reserve your spot for the session by **Sunday, April 14, 2024**. Should you have any questions or require further information, please contact the Class Teacher. We look forward to welcoming you to this enriching and interactive session.

Link to register for the event:

<https://forms.office.com/r/Y7RfDt3WJ2>

Warm regards

Ms. Nidhi Tewari
Principal

Ms. Madhur Usgaonkar
Director

DLF QEC INNOVATIVE SCHOOL RIDGE VALLEY

cordially invites parents to a session on

'Parenting in the Age of Anxiety'

KEYNOTE SPEAKER



MS. ABHA ADAMS
EDUCATION CONSULTANT

MODERATOR



DR. AMEETA MULLA WATTAL
CHAIRPERSON AND EXECUTIVE DIRECTOR
EDUCATION, INNOVATIONS & TRAINING
DLF SCHOOLS & SCHOLARSHIP

Date: 20th April 2024
Time: 10:30am-11:30am
Venue: Hall of Celebration